



Week commencing 19th October 2020

## House Group Bible Study - 'Living in the Peace of God'

*Prepared by Kathryn*

This week's meditation and house group discussion continues with Sunday's theme of ...

### 'Living in the peace of God'.

Please refer to the service notes and consider some of the barriers to experiencing God's peace.

**Can you identify with any of these barriers?**

**Are you aware of other things that steal your peace ?**



At the heart of the **Christian** message is the belief that the life and death of Jesus gives people **peace** with God, **peace** with others and **peace** within themselves.

**What is the key to accessing this peace?**

Is the essence of this peace the knowledge that whatever happens in life, I am safe and secure within the love of God and I can trust in his plan which is bigger than me?

Refer to the story of Horatio Spafford in the service notes. **Discuss!**

True peace comes not from the absence of trouble, but from the presence of God and will be deep and passing all understanding in the exact measure in which we live in and partake of the love of God.

Alexander MacLaren

**Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4: 6-7**

**Look at the picture of the sea and boat being held in a hand**

**Can you visualise yourself and your circumstances being held in the palm of God's hand?**

