



The Big Exchange!

Prepared by Allen Legate

This evening's notes were inspired by Angela's thoughts on Journeying with Joy.... *"...weeping may endure for a night, but joy cometh in the morning."* Ps 30:5 KJV. That's what I call a fair exchange.



If there is one thing I have learned over the many years I have walked with Jesus it is that our Father God is a God of EXCHANGE.

Those of us of a certain age will remember the Exchange and Mart paper that appeared each week until it ceased publication in 2009. These days it has motorbike for a van, later converted to an estate car.

In an entirely different context over the years I have discovered that God is in the same 'market' of exchanging things for something far better. In fact His provision and bounty knows no limits as he bestows His love and favour on those who seek Him

Here are a few of those blessings for us to ponder upon. Then when we have read them and come together perhaps we could share something of God's goodness with each of us. Have your bible at hand.

He exchanges our sin with His forgiveness. Romans 5:8 - 11

He exchanges the judgement we deserve with the freedom of His mercy. Romans 8:1, 15-17

He exchanges our pain with His peace. Philippians 4:4 -7

He exchanges our imperfections with His perfection. Hebrews 10:11 - 23

He exchanges the ashes of our lives with His beauty, replacing our sorrow with His joy. Isaiah 61:1 - 3

He replaces our selfish dreams with His plans for our lives. Jeremiah 29:11 - 13

He exchanges my loneliness with His presence. Deuteronomy 31:6; Matthew 28:18 - 20

God waits to make an everlasting swap with us on a daily basis. All it takes on our part is a willingness to surrender what isn't working into His hands; to give up 'me' in exchange for Him.

The greatest exchange of all is when we accept the invitation to commit our lives to Jesus. The salvation He brings is not like taking our broken lives to be repaired, to patch us up, put on a fresh coat of paint or give us a good polish.

The exchange that God offers is not a repair ... He makes us anew.



"Therefore, if anyone is in Christ, he (she) is a new creation; the old has gone, the new has come."

2 Corinthians 5:17 NIV

So we do not only have the promise of JOY in our lives, we also have the promise of HOPE.