

Jesus Can Heal You Everywhere You Hurt

Prepared by Matt

On Sunday we explored the subject of healing, and started by reading the account of Jesus healing a blind man.

Read Mark Chapter 8 verses 22 to 26:

When they arrived at Bethsaida, some people brought a blind man to Jesus, and they begged him to touch the man and heal him. Jesus took the blind man by the hand and led him out of the village. Then, spitting on the man's eyes, he laid his hands on him and asked, "Can you see anything now?" The man looked around. "Yes," he said, "I see people, but I can't see them very clearly. They look like trees walking around." Then Jesus placed his hands on the man's eyes again, and his eyes were opened. His sight was completely restored, and he could see everything clearly. Jesus sent him away, saying, "Don't go back into the village on your way home."



Had you ever wondered why the blind man was not completely healed on Jesus' first touch?

Does the interpretation that this was down to a lack of faith on behalf of the blind man ring true with you?

Can you give an example of how an increase in faith opened the door for healing in your life or in the lives of others?

Our healing is only made possible because of the sacrifice of Jesus, meaning that the most important thing we can do for our own health is to maintain our relationship with God through his son Jesus.

Read 1 Peter Chapter 2 verses 24:

He personally carried our sins in his body on the cross so that we can be dead to sin and live for what is right. By his wounds you are healed.

We continued by reminding ourselves that **the fact of sin and the consequence of sin are two different things**. When we confess our sins and invite Jesus into our lives we are completely forgiven, but the consequence of sin in our lives might take longer to unravel.

What is your personal experience of Healing, how have you seen God work in that way? How do you feel when someone you pray for does not get healed?

In your experience, when someone becomes a Christian and their sins are forgiven, how much healing is there still to do in their life? This can be what you have witnessed in the lives of others or what you have experienced in your own life.

We continued by going back to the garden of Eden to remind ourselves that sin first entered our lives the very moment that man co-operated with Satan, when death became part of our world, affecting every aspect of our lives.

Read 1 John Chapter 5 verse 19:

We know that we are children of God and that the world around us is under the control of the evil one.

We (mankind) experienced a Spiritual death because of this separation from God, which had negative knock-on effects in our soul and in our body.

Read 1 Thessalonians Chapter 5 verse 23 which reminds us that we are all made up of Body, Soul and Spirit:

Now may the God of peace make you holy in every way, and may your whole spirit and soul and body be kept blameless until our Lord Jesus Christ comes again.

Have you seen in your own life, or in the lives of others, how our spiritual condition can affect us emotionally or physically?

As Christians we can make a will choice to be led by our spirit, because then our soul and body will (eventually) follow. God feeds our spirit, he is the fountain of life, and as we walk in the spirit the desire to do right and please God will become stronger in us. On the other hand, if our soul rules then we have disconnected from our life source and our battery runs dry.

Read Galatians 5:16-26 and Romans 8:5-14 which teach us about the fruit that is evident in the lives of those who follow God's Holy Spirit, and the fruit that is evident in the lives of those who don't.

We concluded by remembering that God wants to undo all of the bad influences that came as a result of the fall. He wants to set us free from demonic influence, release us from guilt and shame, restore us to right biblical thinking and life values, heal us, cleanse us and make us holy.

God can bring amazing healing in our lives with one touch of his spirit, with one word or one verse from the Bible. In an instant he can bring light into areas of our lives that up until now have been covered by darkness. Whether it's our spirit, our soul, our body, or a combination of all three, Jesus can heal us everywhere we hurt.

Spend some time praying for anyone within your group, or anyone else you know, who is in need of God's healing touch. You may wish to use the following prayer:

God, we pray that the people we know who are in pain, physically, emotionally or spiritually, will experience real healing in their lives right now. By your Holy Spirit, please will you bring freedom to those broken areas that all of us have in our lives. We ask this in the name of Jesus Christ. Amen.

